

PSHE

PSHE stands for Personal, Social, Health and Economic education. It is a school subject through which pupils develop the knowledge, skills and attributes they need to manage their lives now and in the future. The skills taught will help pupils to stay healthy, safe and prepare them for life and work. PSHE education helps pupils to achieve in school and leave primary school equipped with the skills they will need in secondary school and beyond.

The PSHE Association has lots of useful information should you wish to know more about this subject: <https://www.pshe-association.org.uk/>

At St-Augustine's we follow a scheme of work provided by Jigsaw. The scheme is split into 6 different areas:

- Being Me in My World
- Celebrating Difference
- Dreams and Goals
- Healthy Me
- Relationships
- Changing Me



Relationships and Health Education became statutory from September this year and is taught in our Summer term as part of Healthy Me, Relationships and Changing Me.

All classes are expected to follow the Jigsaw Charter at school:

